



OHF Dressing Room Policy

Compliance Guidance & Best Practices

(Guidance applies to both Rep and HL teams)

OHF Rule of 2 & Dressing Room Supervision

- Interactions with players need to occur in an open, observable & justifiable environment (this includes the dressing room, arena, workout facility/space, bench, ice surface, meeting room, etc.)
- There must be 2 VSC/Criminal Background Checked (and on approved roster) bench staff, officials, volunteers and/or parents present supervising the dressing room to observe players.
- Supervision can include directly inside the dressing room and/or standing at or near the dressing room door, while it is open/ajar.
- Even if the team is using multiple dressing rooms, this policy applies (I.e. at a practice, game, dryland training, etc.)
- No violent activity should take place in the dressing room (I.e. boxing, bullying, hazing, spitting, hitting, etc.) OMHA and CMHA code of conduct policies apply.
- If you have a multi-gendered team, you must ensure that appropriate dressing room measures are taken to provide privacy to those participants.
- Dressing Room Accommodations can be requested through the CMHA VP of Risk and/or CMHA President.
- The gender of players should be considered when assigning dressing room supervision. This means you may have to assign volunteers with the appropriate VSC/CBC to assist with the supervision of your team.
- Pre and Post Game meetings, discussions, etc. need to occur with the RULE of 2 in mind (Parents/Guardians should always be involved in these discussions whenever possible, especially when they include a minor player)
- Players who require an alternative dressing room arrangement should feel comfortable to speak up, work with the coach toward an appropriate solution, and/or request an accommodation from the CMHA VP of Risk who can assist with this process.
- There should be no retaliation or negative consequences for a player and/or parent/guardian for speaking up about a required accommodation and/or issue with the compliance of the OHF Dressing Room Policy and/or related policy.

OHF Dressing Room Policy Clarity

What is minimum attire?

Minimum attire is considered anything that covers from the upper thigh to the shoulder area (covering pelvic region and torso) Just like what would be acceptable if a player was walking around a public area of an arena.

What is a base layer?

A base layer can consist of shorts, compression shorts, base layer top, base layer bottom, t-shirt, sports bra, etc.

There is no requirement that a player's base layer following a game be worn home. Yes, the player can change. If a player needs to get "fully" undressed, they should do so in private, by using a changeroom and/or arena stall.

What if my player wants to shower?

If a player decides they want to shower, it is recommended they wear a base layer (i.e. swim trunks, etc.) Avoiding as much nudity as possible.

Ontario Human Rights Code

There is no tolerance for discrimination based on gender identity and/or gender expression and/or any other protected ground listed within the Human Rights Code

Is there education available to me on this OHF policy?

YES!

[Ontario Dressing Room Policy | Ontario Hockey Federation](#)

[ohf_policy_on_dressing_room_supervision.pdf](#)

[Rules and Regulations | Ontario Hockey Federation](#)

[Online Learning | Ontario Human Rights Commission](#)

Cell Phones and Recording Devices

No videos, still photos or voice recordings, using any device with recording capabilities, is allowed in the dressing room, training facility, etc.

Cell phones in the dressing room are only allowed by 1 player/bench staff, for the purposes of controlling music. (See [ohf-policy-prohibited-use-of-digital-devices.pdf](#))

Concerns/Questions related to this OHF policy guidance will be addressed by the CMHA VP of Risk, President or VP Rep/HL.